

## Emergencies

If you are experiencing a mental health emergency: Call the Reception and Information Desk at (434) 947-8000 if you are on-campus, 911 if you are off-campus, or go to the nearest emergency department.

## Additional Resources

Students have the right to choose support outside of Randolph College.

Other resources include:

### **Sexual Assault Response Program**

(434) 947-RAPE (7273)  
24-Hour Confidential Hotline

### **National Suicide Prevention Lifeline**

1-800-273-TALK (8255)

### **YWCA Domestic Violence Prevention Center**

24-Hour Crisis Helpline  
1-888-528-1041

### **Alcoholics Anonymous**

(434) 847-4733

### **Narcotics Anonymous**

1-800-777-1515

8/2019

### **The Counseling Center**

Randolph College  
2500 Rivermont Avenue  
Lynchburg, VA 24503

For Appointments: (434) 947-8158

Fax: (434) 947-8106

[counselingcenter@randolphcollege.edu](mailto:counselingcenter@randolphcollege.edu)  
[www.randolphcollege.edu/counseling](http://www.randolphcollege.edu/counseling)

# The Counseling Center at Randolph College



**Promoting Healthy Thoughts, Healthy  
Behaviors, and Healthy Relationships**

**Challenges · Awareness · Growth**

## **About Student Counseling**

The Counseling Center is located on the same floor as the Health Center in the Terrell building, behind Webb Hall. It is staffed by on-site counselors who provide a broad range of services in an emotionally safe environment, including referrals for specialized needs.

## **Comprehensive Counseling Services**

- ◆ Initial assessment
- ◆ Individual counseling
- ◆ Group counseling
- ◆ Relationship counseling
- ◆ Crisis intervention
- ◆ Consultation to faculty, staff, peers, residence life staff, and parents
- ◆ Referrals for specialized needs
- ◆ Substance use evaluation and education
- ◆ Educational programs
- ◆ Psychoeducational materials and lending library

## **Typical Counseling Concerns**

Students come to the Counseling Center for a variety of concerns, such as:

- ◆ Depression
- ◆ Anxiety
- ◆ Anger management
- ◆ Adjustment to college
- ◆ Relationship problems
- ◆ Feelings of isolation, shyness, loneliness
- ◆ Body image/eating concerns
- ◆ Alcohol/drug use
- ◆ Identity development
- ◆ Grief and loss

## **The Counseling Center Staff**

Our staff includes: Director, Jennifer Bondurant, LPC, three licensed professionals, a resident in counseling, and a graduate student intern. In addition, Betty Smiley serves as the Administrative Assistant. Resources at Randolph College will also be utilized, such as Access Services, The Academic Services Center, and The Career Development Center.

## **How to Access Services**

Counseling services are provided by appointment only, Monday through Friday, 9 AM to 4 PM. Urgent appointments will be scheduled same day. To schedule an appointment, call the Counseling Center at (434) 947-8158, stop by, or email: [counselingcenter@randolphcollege.edu](mailto:counselingcenter@randolphcollege.edu).

You may also request an appointment online or complete initial administrative paperwork at: <https://randolphcollege.titaniumhwc.com>.

The Counseling Center Staff are trained to handle mental health crises and are available for on-call support. After-hours, a counselor can be reached by contacting the Head Resident (HR) on duty by calling the Reception and Information Desk at (434) 947-8000. If needed, direct access to services of Virginia Baptist Hospital and Lynchburg General Hospital Emergency Department for mental health emergencies will be facilitated.

## **Fees**

Counseling services are provided at no cost to all full-time students enrolled at Randolph College, including commuter and graduate students. If your needs are beyond our scope of coverage, we will provide a referral to external resources. If needed, the cost of off-campus referrals, psychiatric consultations, medications, and psychological testing is the responsibility of the student and often covered by health insurance.

## **Confidentiality**

Counseling services are confidential with no information being released to College staff, family or others without the student's written permission to do so, except where constrained by ethical and state legal parameters. Counselors are not required to report honor code violations or reports of sexual misconduct. Counseling Center records are stored in an electronic health record and kept separate from the student's academic record.