Share Facts About COVID-19

Know the facts about coronavirus disease 2019 (COVID-19) and help stop the spread of rumors.

1. **Diseases can make anyone sick regardless of their race or ethnicity.**
   People of Asian descent, including Chinese Americans, are not more likely to get COVID-19 than any other American. Help stop fear by letting people know that being of Asian descent does not increase the chance of getting or spreading COVID-19.

2. **Some people are at increased risk of getting COVID-19.**
   People who have been in close contact with a person known to have COVID-19 or people who live in or have recently been in an area with ongoing spread are at an increased risk of exposure.

3. **Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.**
   For up-to-date information, visit CDC’s coronavirus disease 2019 web page.

4. **You can help stop COVID-19 by knowing the signs and symptoms:**
   - Fever
   - Cough
   - Shortness of breath
   Seek medical advice if you
   - Develop symptoms AND
   - Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

5. **There are simple things you can do to help keep yourself and others healthy.**
   - Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
   - Avoid touching your eyes, nose, and mouth with unwashed hands.
   - Stay home when you are sick.
   - Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

For more information: www.cdc.gov/COVID19