

Outdoor Wellness Walking Routes

Maier Walk: 1009 steps (*slight hill up Norfolk towards Quinlan*)

Begin at the sidewalk just outside Main Hall entrance, and follow the sidewalk to Rivermont Avenue. Turn right on N. Princeton, right on back campus drive, follow drive past Health Center/Nursery School, follow past tennis courts, to Norfolk, left on Norfolk, left on Quinlan to Maier Museum entrance.

Campus Walk: 1803 steps (*slight hill up Norfolk towards Rivermont*)

Begin at Main Hall entrance and follow the sidewalk to Rivermont Avenue. Turn right onto North Princeton, right on back campus drive, follow drive past Health Center/Nursery School, follow past tennis courts to Norfolk, right on Norfolk to Rivermont Ave., right on Rivermont to Main Hall entrance.

President's Walk: 1.4 miles (*flat walk*)

Begin at Main Hall entrance, and follow sidewalk to Rivermont Avenue. Turn right on Rivermont, cross the street at Rivermont Terrace, and walk back to Main Hall entrance.

Peakland Walk: 3.0 miles (*slight hill coming back up V.E.S. Road*)

Begin at Main Hall entrance, and follow the sidewalk to Rivermont Avenue. Turn right on Rivermont, right on V.E.S. Road, quick left on Peakland, turn around at Somerset, and head back to V.E.S. Road, and left down Rivermont back to Main Hall entrance.

Langhorne Walk: 2.3 miles (some hills)

Begin at Main Hall entrance, and follow the sidewalk to Rivermont Avenue. Turn right on Rivermont, left onto Rivermont Terrace, left on Langhorne Road, and follow the sidewalk left. Stay on Langhorne to Rivermont Avenue. Turn right on Rivermont and head back to Main Hall entrance.

Magnolia's Walk--Rivermont: 0.6 miles (*flat walk*)

Begin at Main Hall entrance, and follow the sidewalk to Rivermont Avenue. Turn left on Rivermont Avenue and walk to Magnolia's and back to Main Hall entrance.

Note: 2000 steps equals 1 mile