

## Medical and Health Information

### The Services of the Health Center

The Health Center provides outpatient care and basic health services for residential students. Our Health Center is staffed by a mid-level practitioner (Nurse Practitioner), a college health Registered Nurse, and a part-time nurse. The Health Center provides treatment for minor injuries and illnesses; consults on issues such as nutrition, weight management, and contraception; and makes referrals, as appropriate, to off-campus specialists. A physician is available for phone consults to assist the nurses and Nurse Practitioner in more serious health concerns. When the Health Center is closed, the Reception and Information Desk (434-947-8000) will direct students to the Head Resident or Administrator on Call for assistance with any health concern. The Reception and Information Desk (RAID) is open 24 hours a day.

### Health Center Hours of Operation

The Health Center is open Monday through Friday, 9am-4pm, when the College is in session. Access to medical care is available 24 hours per day/7 days a week through the Reception and Information Desk.

### While Away from Home

While we do everything we can to arm students with information and strategies for keeping illness at bay, many students will experience at least one episode of illness during their first year of college. Respiratory infections and sore throats are the most common ailments we see each year. These illnesses can be avoided by practicing simple measures, such as not sharing food or drink with others, washing your hands frequently, getting adequate rest on a routine basis, eating regular well-balanced meals, and allowing time in your schedule for daily exercise and relaxation. We also provide a number of services and programs to help students develop and maintain good health.

### How much does it cost to use the Health Center?

Most basic health services and consultations are available to students at no cost. However, some services carry fees payable at the time of service (may also be billed to student account). The types of services that may have costs attached to them are laboratory tests, medications, study abroad/sports/camp physicals, gynecological exams (only lab costs), off-campus procedures, and after-hour treatment by an urgent care facility or hospital.

### Randolph College Medical Record (4 pages) – NO OTHER FORM ACCEPTED

We must receive your COMPLETED Medical Record mailed in its entirety directly to the Randolph College Health Center by August 1 and BEFORE moving into your residence hall.

#### Medical Record for Students LIVING IN RESIDENCE HALLS

Medical History	Pages 1 and 2	To be completed by the student
Physician Physical	Page 3	To be completed for first year students
Required Immunizations/TB Screening	Page 4	To be completed by your physician's office

**Please schedule your doctor appointment early to complete your requirements by August 1. You MUST have this form completed and on file by the time of your arrival on campus and BEFORE moving into your residence hall.** You may access this form through the College website at: <http://www.randolphcollege.edu/healthcenter>

#### Medical Record for Students LIVING OFF CAMPUS (Day and Prime Time Students)

One page form to be completed by your physician's office. This form must be completed and on file before classes begin. You may access this form through the College website at: <http://www.randolphcollege.edu/healthcenter>

## **VOLUNTARY ENROLLMENT Student Health Services for Students Living Off Campus**

Students who live off campus have the opportunity to enroll in the Student Health Service Option Plan which will give them access to Health Center services. Students who desire the voluntary enrollment must pay a fee by September 30 and complete the Residential Medical Record (Medical History – pages 1 and 2; the Physician Physical – page 3; and the Immunization/TB Screening page for Students Living Off Campus) prior to utilizing Health Center services. To access the Student Health Service Option Plan form, visit <http://www.randolphcollege.edu/healthcenter>

### **Health Insurance Requirement**

Randolph College requires all full-time students to be covered under a health insurance plan. Proof of health insurance coverage is required and can be demonstrated by completing a waiver. See <http://www.randolphcollege.edu/healthinsurance> for more information.

If you already have health insurance, you are urged to review your existing policy to determine whether the coverage will be available in Lynchburg. Some HMO, PPO and Medicaid arrangements have serious restrictions on where treatment must be obtained.

If a student does not have health insurance coverage, Randolph College offers an optional Health Insurance Plan for an annual fee. **Action will be required on your part to enroll in or waive this Plan. If you do not enroll in or waive the student health insurance by August 15, 2015 you will be charged for the student health insurance (this charge will be placed on the student account for the July 1 billing).**

Students covered under another health insurance plan are **required to waive the optional Randolph College Health Insurance Plan**. If a student **does not waive** the optional Randolph College Health Insurance Plan, the **fee will remain as a charge on the student account**. If the optional Randolph College Health Insurance Plan is **waived**, the **charge will be removed**.

Evidence of alternative health insurance coverage must be received by August 15 by using the waiver system. See <http://www.randolphcollege.edu/healthinsurance> for more information. After successfully waiving the optional Randolph College Health Insurance Plan, the fee will be removed from the student account.

### **IMPORTANT**

**If you have health insurance coverage and choose to waive the College Plan, you must do so prior to the July 1 billing in order to have the charge for the College Plan not applied to the student account. You have until August 15 to have the fee removed from the student account.**

**Proof of insurance is NOT required to utilize the Health Center services for Residential Students, or for Non-residential students who have opted in to the Student Health Service Option Plan.**