

**RANDOLPH-MACON WOMAN'S COLLEGE**

**Declaration of Major \_\_\_\_\_ or Application for Graduation \_\_\_\_\_ (check one) Form**

A Major is declared in the sophomore year prior to the spring advising period. An Application for Graduation for each major is due in the junior year prior to the end of the spring semester. Once you declare your major, update this sheet each semester to keep track of your requirements and be ready to apply for graduation.

NAME \_\_\_\_\_ (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (Mid. Initial) Grad. Year \_\_\_\_\_

**Physical Education and Health Major** **2005-07 Catalog**  
**Open only to students who have been admitted to the Teacher Education Program.**

Courses	Course Title	Cr. Hrs.	Course Selected	Semester of Enrollment	Grade
BIOL 108-100L	Human Biology and Lab	4			
DANC 209	Living Anatomy I	3			
P ED 143	First-Aid for Wilderness	2			
P ED 161	Introduction to Athletic Training	3			
P ED 163	Concepts Lifetime Fitness & Nutrition	3			
P ED 165	Lifetime Wellness	3			
P ED 166	Sport Psychology	3			
P ED 261	Exercise Physiology	3			
P ED 264	Evaluation of Athletic Injuries	3			
P ED 268	The American Woman in Sport	3			
P ED 307	Motor Learning and Development	3			
P ED 316	Models of Teaching PE	3			
Activity Classes ( <i>must include dance based, water based, land based, and weight training</i> )		3	*		
			*		
			*		
			*		
			*		
<i>Senior Program</i>					
P ED/CRST 484	Senior Seminar	3			
<b>Total for BA in Health and Physical Educ Major</b>		<b>42</b>			

**\*Specify the course you are using to fulfill the requirement. Also use this space to list transfer courses or another R-MWC course you are being allowed to substitute. Note: The Request for Substitution of Major Requirement Form must be completed for substituted courses.**

I am aware of the specific requirements for this major and recognize that I must complete all requirements with a minimum QPR of 2.0 (rounded). I understand that I am responsible for completing successfully all courses, for determining that scheduling will allow me to fulfill requirements, including the senior program, and for obtaining approval for any courses taken at another institution.

Signature of Student \_\_\_\_\_ Date \_\_\_\_\_

**For Declaration of Major:** Successful completion of this program satisfies major requirements.

Department Chair/Program Coordinator \_\_\_\_\_ Advisor will be \_\_\_\_\_

**For Application for Graduation:** Successful completion of this program satisfies major requirements.

Advisor \_\_\_\_\_ Date \_\_\_\_\_